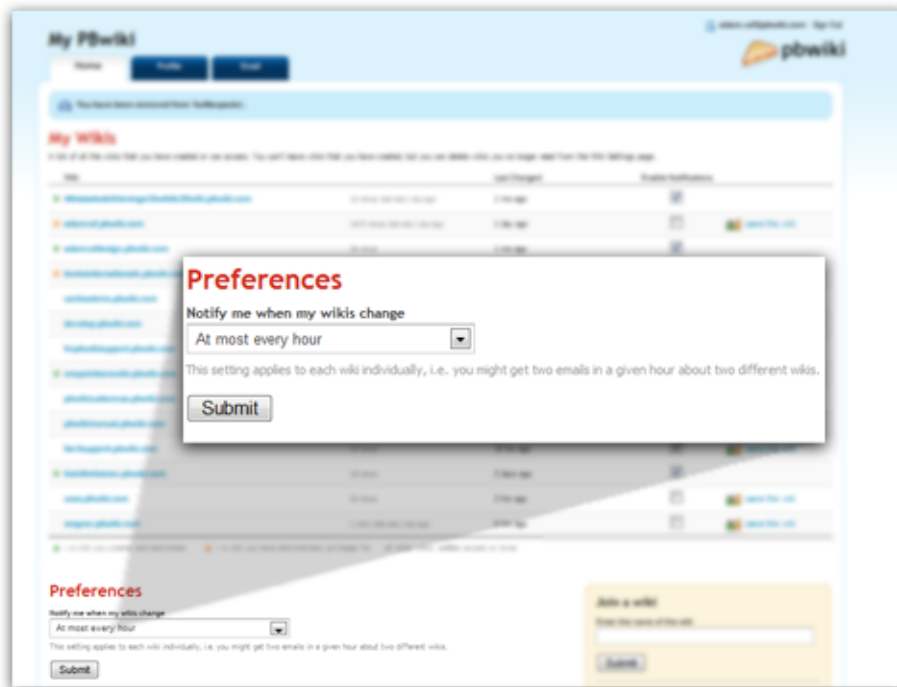


How can I change the frequency of my notifications?

To change your the frequency with which you receive notifications by e-mail, please log-in to your PBworks Account at <https://my.pbworks.com> and scroll down to the "Preferences" section at the bottom of the page. Here you can choose your preference from among a range of choices, including *never*, *right away*, *at most every hour*, *at most once a day*, and more. The image below identifies where you can find the Notification Preferences at your <https://my.pbworks.com/?p=home> page.



How do I disable notifications for a workspace?

From your <https://my.pbworks.com/?p=home> page, you can disable/enable notifications for each workspace in your list by removing or adding a check to the Notifications box by clicking on the checkbox. As illustrated in the image below, if the box is checked, you will receive e-mail notifications based upon your notification preferences (see above topic). If the box is unchecked, you will not receive notifications for changes made to that workspace. The multiple notifications boxes allow you to choose to receive notifications for some workspaces and not others. ¹

¹ <http://usermanual.pbworks.com/Notifications>